



# CHILD HEART FOUNDATION

●●● making hearts smile

[www.childheartfoundation.org](http://www.childheartfoundation.org)

# CHF ANNUAL REPORT 2023-2024

## CHF REPORT HIGHLIGHT

### Empowering Hearts, Enriching Lives

The 2023-2024 Annual Report emphasizes the Child Heart Foundation's unwavering dedication to improving the lives of children with congenital heart defects (CHDs). We invite you to explore the transformative impact of our compassionate care, innovation, collaborative spirit, and relentless advocacy on underprivileged children and their families.

### Our Accreditation





# Child Heart Foundation

*making hearts smile*



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# MESSAGE FROM SECRETARY - FOUNDER

## SMALL HEARTS, BIG COURAGE: WE FIGHT FOR EVERY BEAT

Dr. Vikas Kohli stands as a prominent figure in Pediatric Cardiology within Delhi's medical community. He specializes in Interventional Pediatric Cardiology and is passionate about advancing Neonatal Cardiology, Fetal Cardiology, and improving neonatal cardiac survival rates, especially in developing nations. Dr. Kohli consistently ensures that the patients receive the highest standard of care and is working towards advancements in pediatric cardiac health.

“

Dear Friends of the Child Heart Foundation,

It's with immense pride and a deep sense of gratitude that I present to you the 2024 Annual Report. These pages chronicle the incredible journey we've shared in the past year, a journey fueled by your unwavering support and a shared mission: mending tiny hearts and saving precious lives.

The stories within this report showcase the tangible impact of your generosity. Each milestone, each life saved, is a testament to the collective spirit of compassion and collaboration that defines the Child Heart Foundation.

As the founder of this organization, my heart overflows with emotion when I see the smiles back on the faces of children who were once burdened by illness. Your contributions have made this possible, and for that, I offer my sincerest thanks.

However, our work is far from over. Too many children around the world still lack access to the specialized care they need. Looking ahead, I am filled with optimism. With your continued support, we can reach even greater heights, pushing the boundaries of pediatric cardiology, ensuring equitable access to life-saving treatments, and ultimately, rewriting the narrative of children's heart health.

**Thank you for believing in our mission. Thank you for being a part of this extraordinary story.**



**DR. VIKAS KOHLI (PEDIATRIC CARDIOLOGIST)**

Secretary - Founder

# MESSAGE FROM PRESIDENT

## RIISING ABOVE CHALLENGES AND FORGING RESILIENCE

A retired IIT Delhi physics professor, Professor Subhash Kashyap boasts a strong educational background (PhD from IIT Delhi) and a distinguished career. Not only did he garner extensive teaching experience, but he also held leadership roles as director at Kamla Nehru Institute of Technology (1998-1999) and dean in the Faculty of Engineering at Avadh University (1998-1999). He is also a trained Yoga Teacher.

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Dear Supporters and Well wishers,

It is with immense gratitude that I address you in our Annual Report for the year 2023-24. The Child Heart Foundation has been steadily treading towards our mission of treating every child with heart disease, educating future leaders in child health care and advancing Pediatric Cardiology.

This year marks a significant milestone – We have treated 145 children with heart disease; donated six echocardiography machines in 6 government hospitals in Delhi and one in Moga, Punjab. An OPD was set up in Balak Ram Hospital, Delhi. More MOUs have been signed with other government hospitals like the Gurugram Civil Hospital to set up an OPD for pediatric cardiac patients.

Our partnerships with private companies, government institutions and local communities have strengthened our resolve to push boundaries. None of this would have been possible without the unwavering support of each one of you – our donors, volunteers, staff and advocate. The generosity and commitment of all our supporters inspire us to reach higher and dream bigger in our mission – every child has the chance to live a healthy and fulfilling life

**Together, we can continue to make a difference—one heartbeat at a time. Thank you for your steadfast support and belief in our mission.**

With gratitude,



**PROF. SUBHASH KASHYAP**

President

# MESSAGE FROM COO (CHIEF OPERATING OFFICER)

## BEATING CHALLENGES, BUILDING STRONGER HEARTS

Ms. Sunita Halkar Shalla joined the Child heart Foundation in 2018. Her professional journey is very inspiring and is a culmination of diverse experiences. From being a Research Fellow at ICMR to a Product Manager in a leading pharmaceutical company and extensive academic work in various pharmacy colleges across the country, each step prepared her for the development sector. Prior to CHF, Ms. Shalla also worked with women battling cervical cancer. These experiences have given her a 360-degree view of CSR, program development, and stakeholder management.



Dear Supporters, Partners, and Friends,

As we reflect on the past year, we are filled with gratitude for the unwavering support and dedication that have fuelled our mission to provide hope, healing, and support to children battling heart disease and their families. Throughout the year, we achieved significant milestones that have furthered our impact and strengthened our resolve. During 2023-24, we have provided life-saving surgeries and medical interventions to 145 children and overall crossed **370th heart treatments**, fostered meaningful partnerships with healthcare providers, institutions, and community organizations, enhancing our ability to deliver comprehensive care and support services. We have started our services in Government hospitals in Punjab, Haryana and Delhi.

As we look ahead to the future, we are filled with optimism and determination. Our commitment to empowering children with heart disease and their families remains unwavering, and we are more determined than ever to make a lasting difference in their lives. None of this would be possible without the incredible generosity and support of individuals like you.

Your contributions, whether through donations, volunteerism are the lifeblood of our organization. we are profoundly grateful for your continued partnership.

**Together, we are transforming the landscape of pediatric heart care, one life at a time.**

**With heartfelt gratitude**

**SUNITA HARKAR SHALA**

Chief Operations Officer



# MESSAGE FROM

## CHF PEDIATRIC CARDIOLOGIST

### EARLY DETECTION, LIFELONG IMPACT

Dr Priya Tomar MBBS MD Fellow Pediatric cardiology, PGPB Boston. She pursued her MBBS from Maharashtra University of Health sciences and completed her MD in Pediatrics from LLRM medical College, Meerut followed by a fellowship in pediatric cardiology from the prestigious Sri Sathya Sai Sanjeevani International Institute. Dr Priya has worked at various hospitals/institutions in Delhi- NCR and has a vast experience in dealing with all kinds of pediatric diseases and emergencies. Currently, she is working as a pediatric cardiologist at the Child Heart Foundation, New Delhi. It has been a year since she started diagnosing and treating underprivileged children with heart diseases.



Dear Esteemed Supporters,

I write to you with immense gratitude for your unwavering support of the Child Heart Foundation's mission. As a physician dedicated to pediatric cardiology, I witness firsthand the transformative impact of your generosity each and every day. This Annual Report serves as a window into the vital work we undertake at CHF, particularly emphasizing the crucial importance of early detection and diagnosis in pediatric cardiology.

Early diagnosis stands as a cornerstone in our efforts, yielding many benefits ranging from improved treatment outcomes to a significant reduction in the risk of serious complications, ultimately leading to the enhanced overall health and wellbeing of the children. Witnessing a child receive timely diagnosis, followed by proper treatment and subsequent flourishing, is a deeply gratifying experience. It underscores the collaborative efforts of CHF and our cherished supporters, showcasing the power of collective compassion and dedication.

Your continued support serves as the lifeblood of our endeavors, enabling us to extend our impact further. With your generosity, we can equip more government hospitals with the necessary resources and empower more healthcare professionals to identify and address congenital heart defects at their earliest stages.

In closing, please accept my heartfelt gratitude for your ongoing commitment and belief in our mission. Your contributions, both tangible and intangible, are invaluable in shaping a future where every child has the opportunity to thrive.

**Thank you for standing with us in this noble journey.**  
With deepest appreciation,

**Dr. Priya Tomar**

Pediatric Cardiologist



# CHF INTRODUCTION

## ABOUT US

The Child Heart Foundation (CHF) was established in 2013 as a Trust under the Trust Act 1882 in Delhi. CHF embodies a compassionate response to the pressing needs of children born into underprivileged families afflicted with heart defects. Led by Dr. Vikas Kohli, a Pediatric Cardiologist, and supported by seven parents who have first-hand experience navigating the challenges of congenital heart defects, CHF stands as a beacon of hope and support for vulnerable families and children. CHF is one of the few charitable organizations in India working with and for children born with heart disease.

## WHAT WE DO

CHF provides patient-centered care through the following services to its beneficiaries. All our programs are designed to fill in the gaps in Pediatric cardiology in India.

### SCREENING

### TREATMENT

### MEDICAL MANAGEMENT

### TRAINING & AWARENESS

## OUR VALUES

These are the core principles that guide our work:

- **Equity and Access:** Ensuring that all children with heart conditions, regardless of background or financial status, have access to quality cardiac care
- **Compassion and Care:** Providing patient-centered care with empathy and respect for the children and their families
- **Excellence and Innovation:** Striving for continuous improvement in treatment methods, technology, and patient outcomes
- **Collaboration and Partnership:** Working effectively with medical professionals, other NGOs, and government agencies to achieve shared goals
- **Stewardship and Transparency:** Being responsible stewards of donor funds and operating with transparency and accountability



# CHF MISSION

- **Treating every child with heart disease:** CHF ensures quality care for all children with CHD, irrespective of socioeconomic status, preventing untreated cases due to financial barriers.
- **Creating social awareness:** CHF spreads knowledge about pediatric cardiology, promoting early diagnosis and treatment for better health outcomes.
- **Collaborating with government bodies:** CHF partners with government entities to pool resources and expertise, ensuring comprehensive care for children with CHD.
- **Advancing pediatric cardiology:** CHF meets international care standards, constantly refining treatment methods for optimal patient outcomes.
- **Educating future leaders in child healthcare:** CHF trains healthcare professionals to establish pediatric cardiac care centers across India, especially for underserved populations.



# CHF VISION

At the Child Heart Foundation (CHF), our vision is a world where every child, irrespective of their socio-economic background, has access to comprehensive care for congenital heart defects (CHD). We aspire towards early diagnosis and appropriate treatment of CHD in India that follow international standards of care. In the long term, we also aim to create regional pediatric cardiac centers in every state. All in all, we envision to create a future where every child's heart is healthy, and they can realize their potential.

# CHF BOARD OF TRUSTEES

## HEADLINE



### **PROF. SUBHASH KASHYAP** ( President )

A retired IIT Delhi physics professor, Professor Subhash Kashyap boasts a strong educational background (PhD from IIT Delhi) and a distinguished career. Not only did he garner extensive teaching experience, but he also held leadership roles as director at Kamla Nehru Institute of Technology (1998-1999) and dean in the Faculty of Engineering at Avadh University (1998-1999). He is also a trained Yoga Teacher.

### **DR. VIKAS KOHLI** ( Secretary )

Dr. Vikas Kohli stands as a prominent figure in Pediatric Cardiology within Delhi's medical community. He specializes in Interventional Pediatric Cardiology and is passionate about advancing Neonatal Cardiology, Fetal Cardiology, and improving neonatal cardiac survival rates, especially in developing nations. Dr Kohli consistently ensures that the patients receive the highest standard of care and is working towards advancements in pediatric cardiac health.

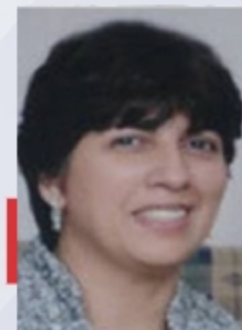


### **VARSHA BENGANI** ( Treasurer )

Ms. Varsha Bengani has been dedicated to social work for over a decade. She holds a commerce degree from Delhi University and a diploma in Fashion Designing. Alongside her professional achievements, she is a committed homemaker, cherished by her loving and supportive family.

### **DR. POONAM KOHLI** ( Trustee )

Dr. Poonam Kohli is a highly qualified Pediatric Cardiologist with American Board Certification. Following her training at the prestigious Jackson Memorial Hospital, University of Miami, Dr. Poonam gained valuable experience working in Pediatric Cardiac Intensive Care units across India and the Middle East. This includes two years in Kolkata, followed by stints of two years each in Doha, Qatar and Riyadh, Saudi Arabia. For the past 15 years, she has dedicated her practice to serving patients in India.



# CHF BOARD OF TRUSTEES

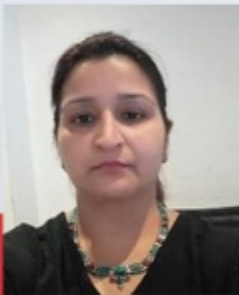


**PALLAVI BHARDWAJ** (Trustee)

Ms. Pallavi Bhardwaj works as a health and lifestyle coach in India. She completed her education in nutrition from the USA and the UK.

**SONAL NAGPAL** (Trustee)

Ms. Sonal Nagpal juggles many hats. She is a homemaker and also an accomplished professional. She worked as a Project Manager leading the field of Content Development and E-learning in the corporate industry, which includes brands such as IBM and NIIT. She is also deeply passionate about child and maternal health issues.



**NEETU TYAGI** (Trustee)

She has a strong background in social work and has been active in the field of children welfare services. She completed her MSc in Human Development and has been working in the field of R&D for more than a decade. Additionally, her research papers have been published in several journals and publications.

**"THE UNWAVERING DEDICATION OF OUR ESTEEMED TRUSTEES HAS BEEN INSTRUMENTAL IN IMPROVING THE LIVES OF UNDERPRIVILEGED CHILDREN. WE ARE DEEPLY GRATEFUL FOR YOUR CONTINUED AND HEARTFELT SUPPORT"**

# CHF HISTORY

## OUR HISTORY

The Child Heart Foundation's path hasn't been a straight line. Since our founding, we've faced numerous obstacles. Yet, our unwavering commitment to transforming the lives of underprivileged children has fueled our perseverance. This journey through time showcases the Child Heart Foundation's history and the remarkable progress we have made together.

**2013**

### FORMATION OF THE ORGANIZATION

The Child Heart Foundation was formed as a trust under the Trust Act 1882 in Delhi in 2013 with the objective of bridging the gap in pediatric cardiac care

**2014 - 2018**

### GRADUAL GROWTH

Between 2014 and 2018, CHF launched flagship programs like Pradaan, Hridaan, Jeevansh, and Sugyaan, providing free screening, treatment, fetal echocardiography, and community awareness for congenital heart disease. In 2018, the PH Life Care program began offering free life-saving medications to pulmonary hypertension patients. Funding during this period relied solely on community donations, fostering gradual growth.

**2019-2024**

### NEW PARTNERSHIPS AND EXPANSION

In 2019, CHF formed key CSR partnerships expanding program outreach. Under the Hridya Saksham Program, CHF trained government hospital staff in echocardiography, and also donated machines. Program expenditures rose steadily, reaching 1.3 crore in 2021-2022 from 43 lakhs in 2019-2020. In 2023-2024, CHF collaborated with Balak Ram Hospital in Delhi to establish a specialized pediatric cardiology out-patient departments and signed an MoU with the Office of the CMO to establish the same at Gurugram District Hospital.

**NEXT 5 YEARS**

### Hearts healed, Bharat-wide

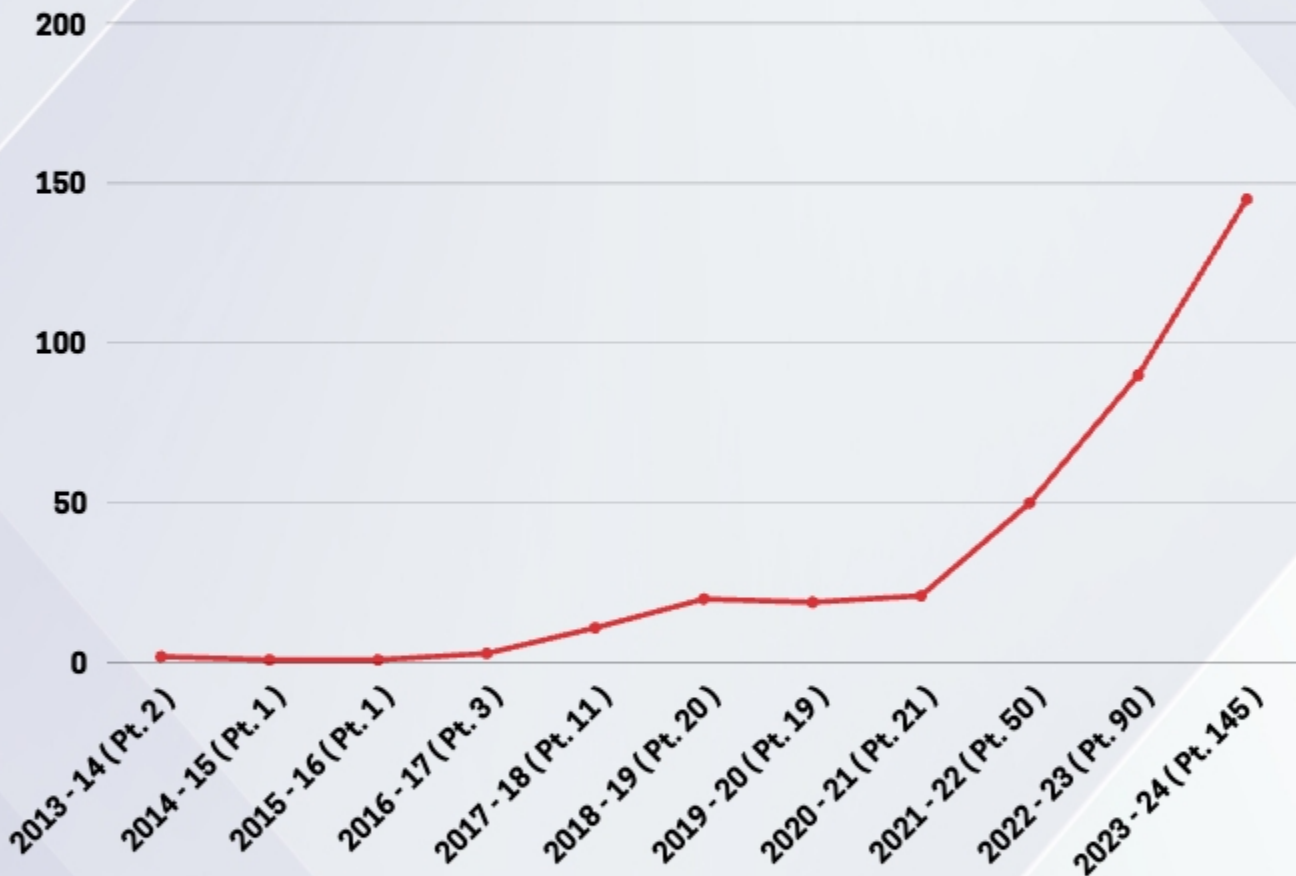
We aim to expand our services pan India so that all underprivileged children born with CHD in India is able to access free and quality healthcare

# HOW WE HAVE GROWN OVER THE YEARS

We are thrilled to share that we financially assisted and treated 145 underprivileged children with CHD in the financial year 2023-2024. When we started the organization in 2013, we had the resources to treat only 2 children. That is a massive 7150% increase over the span of 10 years! We have definitely come a long way since our humble beginnings a decade ago!

## GROWTH

Patient treated by CHF Year by Year



**The figure has exponentially increased since 2020-2021 when CHF started CSR partnerships with leading PSUs in India. Ever since, our growth trajectory has been positively rising each year.**

# OUR CAUSE

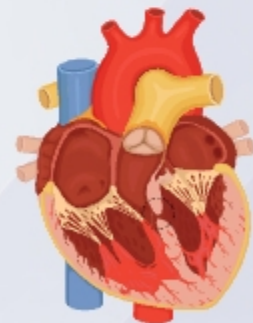
## CONGENITAL HEART DISEASE

### WHAT IS CONGENITAL HEART DISEASE (CHD)?

- CHD is the most common birth defect. These are structural problems with the heart and blood vessels that are present at birth. These defects affect how blood flows through the heart to the rest of the body.
- There are many types of congenital birth defects, ranging from mild to severe. Some common examples include holes in the heart walls, abnormal heart valves, blocked blood vessels, heart chamber or wall abnormalities
- In India, an estimated number of more than 2 lakh children are born every year with CHD. Of these, only a minority have access to advance cardiac care and get treated

### CHALLENGES

- **Lack of infrastructure for pediatric cardiac care:** Of the 2 lakh children born with CHD every year in India, only a small minority have access to advanced cardiac care and get treated. The rest do not survive or are added to the waiting list of previous years. Most of the cardiac centers that have been developed in the country are private institutions which charge fees that are unaffordable for children from underprivileged families
- **Unequal distribution of pediatric cardiac centers:** Most of the centers are concentrated in a few locations, like the major cities, leaving the rest of the country without any access
- **Gap in the supply and demand of human resources:** There is a massive shortfall of trained pediatric cardiac personnel at all levels in India
- **Financial constraints:** The treatment for CHD is very expensive, usually going up to lakhs of rupees. Hence, underprivileged families are unable to afford the medical fees of their children
- **Lack of awareness:** communities that lack health education are unable to identify CHD and its symptoms resulting in a delay in seeking help



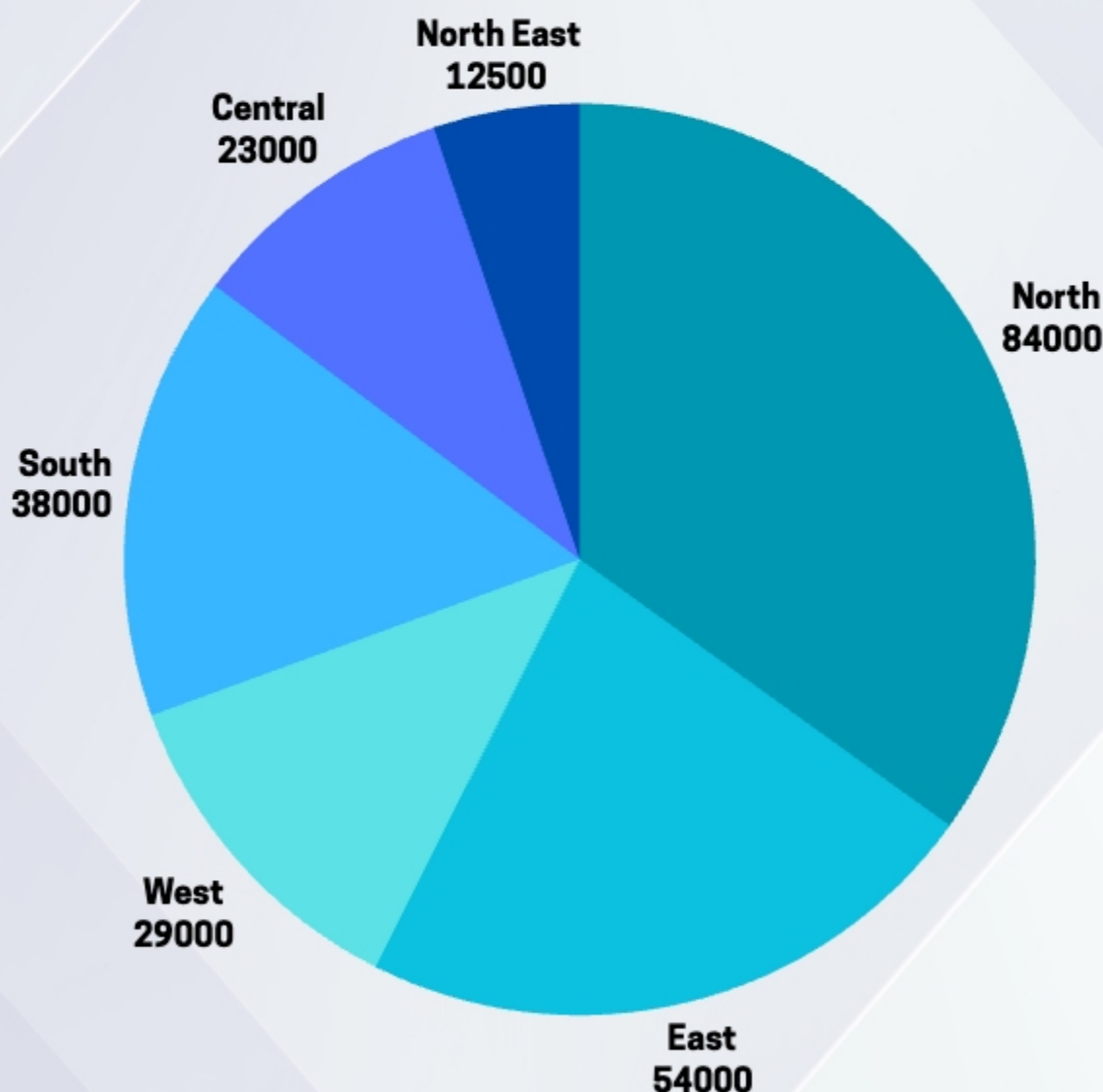
#### Citations

- Saxena, A. Congenital Heart Disease in India: A Status Report. *Indian Pediatr* **55**, 1075–1082 (2018). <https://doi.org/10.1007/s13312-018-1445-7>
- Kumar, Raman Krishna. Screening for congenital heart disease in India: Rationale, practical challenges, and pragmatic strategies. *Annals of Pediatric Cardiology* 9(2):p 111-114, May–Aug 2016. | DOI: 10.4103/0974-2069.181499

# CHD LOAD DISTRIBUTION IN INDIA

The estimated number of children born with CHD in India is more than 2 lakhs per year. However, most studies reported from India are on prevalence at a given point of time, and not on prevalence at birth. The birth prevalence has been reported only in a few studies, which includes only babies born in hospitals. The birth prevalence in these studies varies between 3.1 and 13.3 per 1000 live births.

Regionally, there is marked variation in the population and birth rates. The total number of births is much higher in the Northern and Eastern parts of the country. Hence, the total number of babies born with CHD are likely to be more in these regions with high birth rates.



**Fig: Regional distribution of infants born with CHD in India every year**

Citation: Saxena, A. Congenital Heart Disease in India: A Status Report. Indian Pediatr 55, 1075-1082 (2018). <https://doi.org/10.1007/s13312-018-1445-7>

# CHF PROGRAM IMPACT LIVES WE HAVE TOUCHED

The Child Heart Foundation tackles the challenges around Congenital Heart Disease through **TEN impactful programs**. Each program addresses a specific need and empowers patients, families, and communities.

- **CHF PraDAAN**- Pediatric echo diagnosis to suspected referral cases
- **CHF HRIDAAN**- Financial assistance for treatment of diagnosed patients
- **CHF JEEVANSH**- Fetal echo diagnosis to pregnant women
- **CHF SUGYAAN**- Community awareness about congenital heart disease
- **HRIDYA SAKSHAM**- Donation of echo machine to Govt. hospitals and training of pediatricians in echocardiography
- **CHF Medical Camps**- To identify the suspected cases in community
- **PH Life Care**- Providing life saving medicines to children with Pulmonary Hypertension
- **CHF SAHYOG**- Financial help for outstation patients with their travel, food, stay and medicine expenses
- **Training of frontline workers about CHD**- Awareness sessions with ASHA, Anganwadi workers and ANMs (Auxiliary Nurse Midwives) about early symptoms and identification of CHD
- **Government Partnerships**- Partnering with government hospitals to set up a fully functional pediatric cardiology outpatient department (OPD) in the hospital premises



# Program Impacts 2023-24

1

## CHF PraDAAN

18000+ HEART SCREENING OFFERED

## CHF HRIDAAN

472 HEART TREATMENT DONE

2

3

## JEEVANS

7000+ FETAL ECHO OFFERED

## CHF SUGYAAN

Community awareness about congenital heart disease

4

5

## HRIDYA SAKSHAM

8 ECHO Machine donated TO GOVT. hospital And 16 Paediatricians trained in echocardiography

## CHF MEDICAL CAMP

30+ medical camps conducted

6

7

## PH LIFE CARE

Providing 60+ life saving medicines to children with Pulmonary Hypertension

## CHF SAHYOG

Financial help for outstation patients with their travel, food, stay and medicine expenses

8

9

## Awareness training

25+ Awareness sessions conducted with ASHA, Anganwadi workers and ANMs (Auxiliary Nurse Midwives) about early symptoms and identification of CHD

## GOVT. Partnership

Partnering with government hospitals to set up a fully functional pediatric cardiology outpatient department (OPD) in the hospital premises

10

# CHF PRESENCE

Currently, CHF has three outpatient departments located in **Delhi, Jalandhar** and **Siliguri**. Here, patients can access services such as screening, diagnosis, and consultations. Upon diagnosis, the patients are provided treatment in Delhi, Siliguri or Kolkata. These centers also serve as a regional focal point for the nearby states. For example, the Siliguri Centre serves as the referral center for all the states in the north-east part of India.



**“CHF is bridging the gap in pediatric cardiac care, ensuring financial limitations don't become a barrier to critical treatment”**

# PROGRAM GLIMPSES

**1. CHF PRADAAN:** Under our CHF PraDAAN initiative, we offer free/discounted screenings at our three OPDs located in Delhi, Siliguri, and Jalandhar to children (0 to 18 years) from underprivileged families. The aim is to diagnose any type of congenital heart diseases (CHD).



**2. CHF HRIDAAN:** Under our CHF HRIDAAN initiative children diagnosed with CHD and whose families are unable to afford are provided financial assistance. We conduct thorough due diligence and provide support - both financially and through counseling sessions for the families. Hand-holding throughout treatment process ensures these children receive the care they need, regardless of financial constraints.



# PROGRAM GLIMPSES

**3. CHF JEEVANS:** CHF offers free fetal echocardiography services to pregnant women to diagnose any fetal heart abnormality in 18-26 weeks of pregnancy. Referrals from government hospitals ensure these crucial screenings reach those who need them most, providing valuable information for future care planning.



**4. SUGYAAN:** Under the CHF SUGYAAN Program, we conduct CHD awareness within local communities, and also in corporate offices and other NGOs regarding healthy heart, practices, congenital heart diseases and fetal echocardiography



# PROGRAM GLIMPSES

**5. PH LIFE CARE:** CHF sponsors lifetime free life-saving medicines for Pulmonary Hypertension (PH) to underprivileged children diagnosed with the disease. These medication are expensive, hence, providing them free-of-cost alleviates financial burdens for underprivileged families.



**6. CHF SAHYOG:** Through the CHF SAHYOG Program, we financially assist the parents/care-givers of the patients for their outstation travel, stay and food, along with the pre-admission medical tests and medicines for the patients



# PROGRAM GLIMPSES

**7. CHF MEDICAL CAMPS:** Through this initiative, CHF organizes Medical Camps to identify children with suspected heart diseases. It is specifically focused on cardiac health for underprivileged/underserved children, e.g. in orphanages, corrective homes, slums, etc.



**8. HRIDYA SAKSHAM:** Under the Hridya Saksham Program, CHF donates echocardiography machines to government hospitals and provides specialized echocardiography training to pediatricians and neonatologists. The objective is to make these hospitals self sustainable in pediatric cardiac screenings.



# PROGRAM GLIMPSES

**9. Government Partnerships:** CHF partners with government hospitals to establish a fully functional pediatric cardiology outpatient department within the hospital premises. The OPD will provide free services such as screening, diagnosis, medical counseling and consultations. An OPD was recently inaugurated at **Balak Ram Hospital** on 11 March. An MOU has been signed for the opening of an OPD at the Gurugram Civil Hospital



**10. Training sessions of frontline workers about CHD :** Under this program, the critical frontline health workers - ASHA's (Accredited Social Health Activists); AWW's (Anganwadi workers); ANM's (Auxiliary Nurse Midwives) - are given CHD awareness and training sessions. The objective is to upskill them so that they can effectively refer suspected cases to our OPD centers for free and timely diagnosis/treatment and also act as a bridge between the local communities they serve and the healthcare services



# ACTIVE COMMUNITY PARTICIPATION



## CHF AT ANGANWADI CENTERS

The Child Heart Foundation actively collaborates with and holds Anganwadi sessions to raise awareness about pediatric cardiac health and early detection of congenital heart defects (CHDs). Through workshops and training sessions, CHF empowers frontline healthcare workers and caregivers to identify CHD signs in infants. By fostering partnerships with Anganwadi centers, CHF facilitates early intervention and referrals, contributing to improved health outcomes for vulnerable children.

## CHF IN THE COMMUNITY

CHF is a lifeline for underprivileged children born with CHD. The organization regularly holds health camps in underprivileged area to screen for CHD. So far CHF has conducted camps in Mewat and Faridabad and has screened over 2000 children and uncovered 30+ cases of congenital heart defects. These efforts reflect CHF's dedication to providing accessible healthcare and empowering vulnerable populations. By reaching into the heart of underserved communities, CHF not only identifies critical health needs but also offers hope for a healthier future for these children.



## HAPPY FACES

The result of being actively engaged at the community level is the priceless and rewarding sight of happy faces amongst our beneficiaries. With the financial support we provide, we've been able to treat and care for these children. Witnessing their joy and seeing the positive impact of our efforts reinforces our commitment to our mission. These happy faces serve as a reminder of the transformative power of compassion and generosity, driving us to continue our work of nurturing hearts and changing lives.

# HOW WE STAY CONNECTED

## WITH OUR BENEFICIARIES

The primary beneficiaries of CHF are underprivileged children with congenital heart diseases between 0 to 18 years of age. Even after their treatment is over, we do not simply let them go. We actively maintain a long-term relationship with our beneficiaries by organizing events. Staying connected with them is important because it helps to build trust and helps them feel valued and supported.

### World Heart Day

Every year, CHF celebrates World Heart Day on 29 September in the presence of our young heart warriors and their families. Last year, CHF organized fun activities to commemorate the occasion. The event was distinguished by the presence of Shri Deepak Kumar Lallaji, Managing Director and CEO of SBI Cap Securities.



## Summer Camp



# HOW WE SUPPORT OUR BENEFICIARIES: A STRATEGY

The Child Heart Foundation (CHF) is on a mission to transform the lives of children with congenital heart disease (CHD) in India. We strive for a future where every child with CHD has the opportunity for optimal health outcomes, regardless of their background.

The Challenges We Address:

- **Lack of Awareness:** Many parents lack essential knowledge about CHD, making early diagnosis and treatment a hurdle.
- **Financial Barriers:** Even with awareness, accessing critical cardiac care can be a financial burden for underprivileged families.

In response to these challenges, the Child Heart Foundation has a robust support system in place which is designed to effectively cater to the needs of underprivileged children with CHD. By addressing these challenges, CHF aims to maximize the impact on children with CHD, creating a brighter future for them and their families.

## 01. PATIENT SUPPORT

- IMMEDIATE / QUICK RESPONSE SYSTEM (CALL & CHAT)
- AMBULANCE SUPPORT
- EXCLUSIVE NUMBER FOR PATIENT QUERIES
- Child Support Policy to support a child till 18 years of age for any cardiac issues post treatment.

## 02. OPD SUPPORT

- EXCLUSIVE NUMBER FOR APPOINTMENT QUERIES
- FREE OPD AVAILABLE
- MONDAY-FRIDAY FREE OPD SERVICE

## 03. PH MEDICINE SUPPORT

- FREE OPD
- FREE MEDICINE (ALL OVER INDIA)
- REACHING OUT TO ONLINE PH SUPPORT GROUPS
- OXYGEN CONCENTRATOR SUPPORT

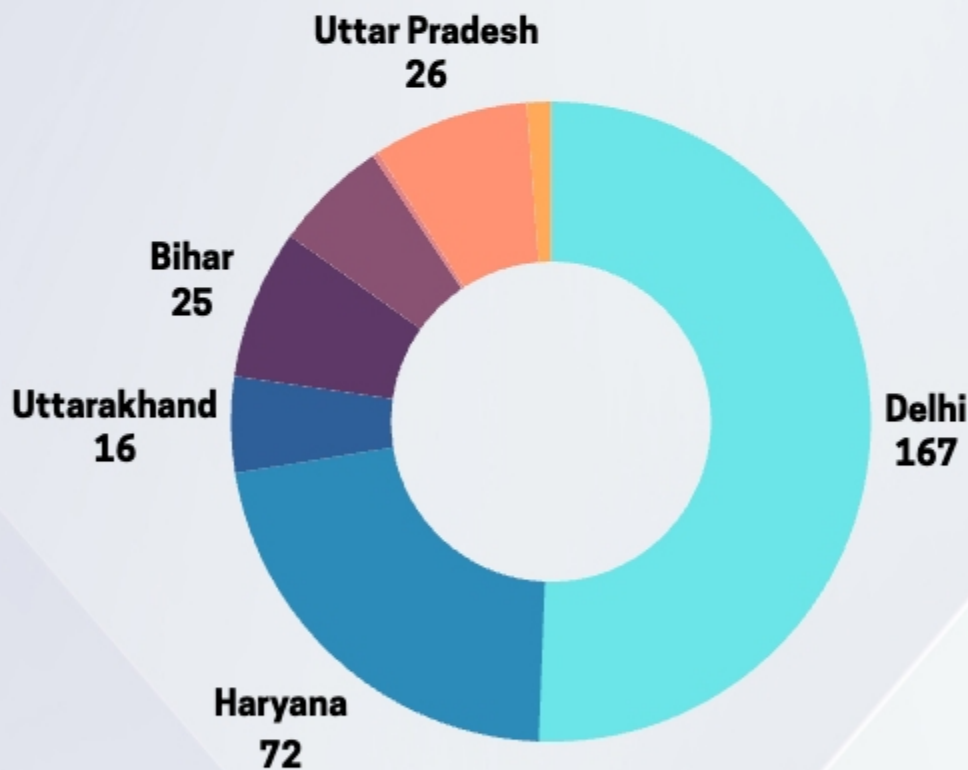
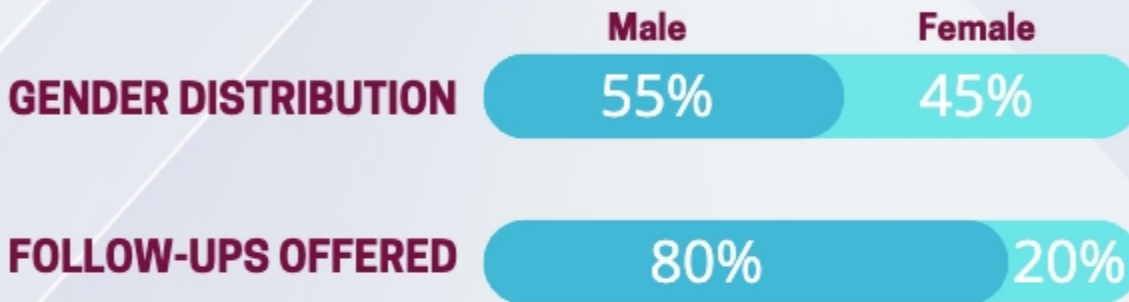
## 04. FINANCIAL SUPPORT

- LOGISTIC & TRAVEL SUPPORT FOR OUT-STATION PATIENTS
- TREATMENT SUPPORT
- PACEMAKER TREATMENT PAN INDIA
- FOOD & NUTRITIONAL SUPPORT



# TOTAL REACH DATA ANALYSIS

## PATIENT GEOGRAPHIC DISTRIBUTION



Since its inception in 2013, the Child Heart Foundation has reached out to a total of **330 children** across various states in India for critical heart disease treatment. This impactful number reflects our dedication to serving children from even geographically distant locations like Uttarakhand (**16**) and West Bengal (**19**). We are committed to expanding our outreach and partnerships in the coming year to ensure more children across India, regardless of their background, can access lifesaving heart care.

# CHF MAJOR ACHIEVEMENT PARTNERSHIP

Partnerships are very important for CHF. The financial year 2023-2024 has been a major year for us in terms of partnerships. CHF joined forces with leading hospitals to address urgent healthcare requirements of children born with congenital heart disease (CHD). The objective of these partnerships is to establish pediatric cardiology out-patient departments in these hospitals and provide free screening, consultations and counseling sessions to a wider population.



## Signing of MoU with the CMO of Gurugram

In the presence of **Shri Ramesh Chader Bidhan (Commissioner of Gurugram)** and **Mr. Nishant Yadav (Deputy Commissioner of Gurugram)**, CHF joined hands with the Gurugram Civil Hospital to bring pediatric cardiac care to a wider population. An MoU representing this commitment was signed between **CHF and the Office of the Chief Medical Officer (CMO) of Gurugram**. This partnership will allow underprivileged children in the Gurugram district and other adjoining districts access free services such as screening, consultations and counseling. This program will also train ASHA and ANM workers and conduct community awareness activities in underprivileged areas like orphanages and slums.



## Inauguration of pediatric cardiac OPD at the Balak Ram Hospital

A state-of-the-art pediatric cardiology OPD was officially inaugurated on March 11, 2024, at **Balak Ram Hospital**, thanks to a collaborative partnership between CHF, the Shipping Corporation of India, and **ABB foundation**. The grand opening ceremony was presided over by **Delhi Mayor, Ms. Shelly Oberoi**. Designed to provide comprehensive cardiac care to young patients, the OPD is equipped to handle up to 35 children daily. Its services encompass a wide range of offerings, including advanced screening, diagnosis, expert consultations, effective medical management, and essential counseling, such as cardiac nutrition guidance.

# OUR TEAM

**CHF's team members play a vital role in accomplishing the goals of the organization and positively impacting the lives of underprivileged families and children**



**Kiran Pandey** ( Program Coordinator )

Kiran Pandey juggles a variety of tasks within CHF, however, she is primarily responsible for the end-to-end implementation of the CHF HRIDAAN Program which focuses on financially assisting underprivileged children diagnosed with CHD. After diagnosis, Kiran registers the child under CHF HRIDAAN. The registration is then followed by document verification, hospital admission and budget allocation. Post patient discharge, Kiran takes care of patient follow-ups by scheduling routine check-ups. She also directly coordinates with the founder and trustee, Dr Vikas Kohli and the COO, Ms. Sunita Halkar Shalla, whenever required.



**MD. Yusuf** ( Project Coordinator )

MD. Yusuf actively engages with the community on a daily basis. He is out and about organizing screening camps in underprivileged areas, visiting hospitals for patients referrals and also collaborating with other NGOs to reach more people. He is also currently taking care of the newly opened pediatric cardiac out-patient department at Balak Ram Hospital, Timarpur (Delhi).



**Deepak Kashyap** ( Social Media marketing Manager )

Deepak spearheads CHF's digital presence. He is the driving force behind Child Heart Foundation's online presence. Serving as the face of CHF, he crafts engaging content and designs that elevate our brand. His strategic approach and creative flair have amplified our digital footprint, connecting us with a global audience. Deepak's dedication and passion fuel our mission, ensuring every digital interaction reflects CHF's commitment to making a difference.



**Zimoka** ( Project Coordinator )

Rain or shine, Zimoka is on the ground serving vulnerable communities! Just like Yusuf, he is also responsible for organizing CHD screening camps within underprivileged communities and coordinating with other NGOs. Currently, he has taken up responsibility of the CHF Hridya Saksham Program which provides training in echocardiography to pediatricians and neonatologists from government hospitals.



**Neetu Sharma** ( Accounts Manager )

Neetu Sharma handles the accounts of CHF. From managing the organization's financial records, processing financial transactions to ensuring compliance with financial regulations, she is the financial backbone of the organization. She keeps CHF's financial house in order, ensuring the smooth flow of funds that allows us to fulfill our mission.



**Umar Faruque** ( Pharmacist )

CHF's dedicated in-house pharmacist Umar, meticulously manages the medicines inventory ensuring that there is a consistent supply of life-saving drugs. He plays a vital role in ordering the correct medications on time. This ensures that patients suffering from CHD and Pulmonary Hypertension have uninterrupted access to life-saving medicines that they need to manage their conditions.

# OUR TEAMS

**CHF's team members play a vital role in accomplishing the goals of the organization and positively impacting the lives of underprivileged families and children**



**Maninder** (Field Coordinator)

Maninder isn't your typical office worker. As a field coordinator, he thrives on the energy of the community. His days are filled with active engagement. He starts by identifying communities most in need, building relationships with residents and key stakeholders and then conducting awareness sessions on CHD. He then organizes medical camps which are vital for identifying suspected cases. He also actively seeks out partnerships with other NGOs in the area. By working together, he ensures that he can create a larger impact on the health of these communities.



**Aarzo** (Patient Coordinator)

Aarzo is the welcoming face at the child heart Foundation desks, the friendly voice patients hear on the phone, and the calming presence that guides them through their healthcare journey. As the clinic's first point of contact, she plays a crucial role in ensuring its smooth operation. She effectively coordinates with the doctors and the patients to schedule appointments and also registers the patient's details.



**Abhishek Joshi** (Associate - Fundraising)

Abhishek is responsible for bringing in the crucial funding that powers all of CHF's flagship programs. He plays an important role in cultivating relationships with major donors, conducting research to identify potential donors and also developing and implementing a comprehensive fundraising plan that is aligned with the organization's goals.



**Ekta Vyas** (Project Coordinator)

Ekta actively contributes to writing reports for all CHF projects. Her clear and concise reports effectively communicate the impact of CHF's work to stakeholders and donors. The Hridya Saksham Program is a crucial initiative at CHF, and Ekta acts as a coordinator between CHF and partner government hospitals. This ensures smooth facilitation of training programs for neonatologists and pediatricians in echocardiography. This specialized training equips doctors with the skills to diagnose heart defects in newborns and children, a critical step in early intervention.



# CHF FAMILY

**We stand together, a family bound by hope. Because every child deserves a chance, and together, we'll mend their hearts and mend their futures**

20  
23  
20  
24



# CHF EVENT HIGHLIGHTS



Meeting **Dr Pragnya Ram, Group Head - CSR of Aditya Birla Group.**



Celebration of World Heart Day on 29 September 2023



Donation of an echocardiography machine by CHF to the Moga District Hospital in the presence of **Dr Balbir Singh, Health Minister of Punjab**



CHF received the Indian CSR Awards under the category of 'Top 20 NGOs of the year 2023'



Signing of an agreement between CHF and **Mr. Amandeep Singh Narang, Sr. Vice President - PNG Marketing & Corp. Comm. of IGL (Indraprastha Gas Limited)** to provide underprivileged children from rural areas in UP free treatment for CHD



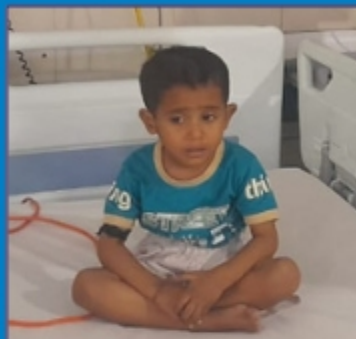
Celebration of Congenital Heart Disease Awareness Day on 14 February 2024 at Concentrix's office in Gurgaon

# CHF HEART WARRIORS

## ONE HEART AT A TIME



**Rebika**  
6 Years



**Ananya**  
3.5 Years



**Mantasha**  
13.7 Years



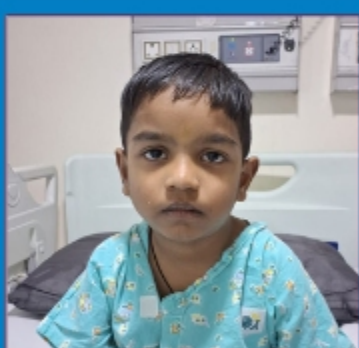
**Kavya**  
2.5 Years



**Sandeep**  
2.9 Years



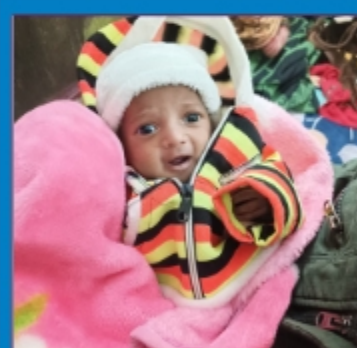
**Shiv Bhise**  
2 Years



**Rishav Kumar**  
5.6 Years



**Piu Das**  
3.8 Years



**Baby Dua**  
3.5 Months

*Your heart may beat a different rhythm, but it's a rhythm of courage. You are strong, you are brave, and your journey inspires us all*

# SPECIAL MENTION

## OUR OUTREACH IN THE ASPIRATIONAL DISTRICT OF NUH



### Saving little hearts of Nuh

The Child Heart Foundation, with the support of our CSR partner HDFC Parivartan, undertook a comprehensive pediatric cardiac care initiative in Nuh, Haryana. Nuh was identified as an Aspirational District by Niti Aayog in 2018. The Aspirational Districts Program (ADP) seeks to transform the 112 most underdeveloped districts lagging behind in key socio-economic indicators, one of them being health.

Through our flagship programs like CHF SUGYAAN (community awareness), CHF Medical Camps (screening of over 300 children), CHF SAHYOG (financial help with food, travel and stay for out-of-station patients), CHF PraDAAN (free diagnosis), and CHF HRIDAAN (free treatment and follow-up), CHF aims to bridge the gap in cardiac care for children in Nuh.



## Make-A-Wish®

Make a Wish Foundation supported CHF to fulfil the wishes and bring a smile to the faces of our heart little warriors by providing the children with gifts of their choice!



# SPECIAL MENTION

## "Saving 23 Hearts: Treating Underprivileged Girls with CHD."

The Child Heart Foundation, with the help of ABC, launched the project 'To provide treatment to girl children with congenital heart disease from underprivileged families'. The effort aimed to improve screening, diagnosis, hospitalization, medical procedures, and treatment for risk girl children with heart problems. The project aims to treat twenty-three girls aged 0 to 18 from disadvantaged backgrounds. Under this project, an end-to-end solution is given while maintaining high standards for saving lives of children who would not otherwise get diagnosed early. The project closes a loop for a child suffering from congenital heart disease, starting from screening to the treatment of the diagnosed disease. The CHF team supported the patient and their family during screening, diagnosis, hospitalization, and follow-up.



## CSR INITIATIVE BY



# SUCCESS STORY

## FETAL WARRIORS

**CHF has provided fetal echocardiography to more than 8000 pregnant women and helped diagnose fetal cardiac abnormality. It allows for faster medical intervention and even improves the chances of survival for serious congenital heart defects**



**Mickey Roy**, from Jharkhand was pregnant with her baby. Upon one of her regular check-ups, the doctor found complex heart conditions in the fetus and referred her to CHF. The family traveled from Jharkhand to Delhi and Mickey was provided with free fetal echocardiography screening under the CHF Jeevansh Program. Sensing the urgency, Dr. Vikas Kohli advised the mother to bring her baby after delivery to ensure immediate action. 24 days after birth, the baby was admitted for atrial switch procedure. Under the expert care of the Marengo Hospital, the surgery was successfully performed.



**Damini**, an expectant mother, was referred to CHF from GTB Hospital during the 8th month of her pregnancy. The fetal echocardiography screening revealed a daunting diagnosis - Single Ventricle Common Atrium. Five days after birth, the baby was screened and recommended immediate action. The baby required PA Banding Surgery - a procedure to address the symptoms of breathing difficulty, frequent fever and rapid heartbeat. The father being the sole breadwinner of the family was unable to bear the financial burden of the treatment. Through CHF's support and guidance, the baby of Damini underwent successful surgery and has been doing well post-treatment.

## CSR INITIATIVE BY



**itcon**

# SUCCESS STORY

## HEART WARRIORS

Getting diagnosed with CHD and then having to get surgery is a painful and emotional journey for the children and their parents. However, it is worth mentioning that the children, as well as their parents, have shown such enormous strength and resilience throughout the process that it left us inspired and moved.



Our little heart warrior **Rebika** fought against adversity to overcome multiple heart conditions. Just two days after birth, she was diagnosed with CHD. But Rebika's challenges extended beyond her medical diagnosis; her family grappled with financial hardship. Amidst despair, a glimmer of hope appeared when Rebika's family attended a health camp and learnt about CHF's mission of treating underprivileged children with CHD. Rebika endured a number of difficult procedures between November 2023 and April 2024; each procedure was a tribute to her unwavering spirit. Rebika's narrative changed from one of hopelessness to success.



At the tender age of two and a half, **Sandeep** grappled with colds, coughs and a bluish discoloration of his nails and lips, coupled with poor feeding. Despite his mother's desperate attempt to seek help from local hospitals, nothing moved forward. A glimmer of hope appeared in the form of Mr Avinash Pandey, an IPS officer. He reached out to CHF for the treatment of Sandeep. CHF swiftly sprung into action and registered him under the CHF Hridaan program and provided him free CHD treatment.

## CSR INITIATIVE BY



# SUCCESS STORY

## PACEMAKER WARRIORS

This pan-India project was supported by GAIL to provide free treatment to 10 children requiring a pacemaker implanted in their chest to regulate the heart rhythm.



**Gunraj**, a seven-year-old boy was born in Langroya, a village in Punjab into a farming family. He was born with congenital heart defects, including heart block - a condition where the heart beats more slowly or with an abnormal rhythm. Doctors recommended a permanent pacemaker implantation. His parents - Gurinder Singh and Ramandeep Kaur - could not afford the cost of the treatment due to financial constraints. Gunraj was then referred to CHF and registered under the HRIDAAN Program. With support from GAIL, Gunraj's permanent pacemaker implantation procedure was successfully carried out. Post-treatment, he recovered well and was discharged in a stable condition. He is thriving and following up regularly with CHF.



**Divyanshi** is a 6-month-old baby girl and is the daughter of Shivam and Shaili who hail from Gwalior, Madhya Pradesh. She was diagnosed with large VSD and was advised surgical VSD closure by the doctors. Although the surgery was successfully done, Divyanshi's heart continued to beat erratically. Hence, a pacemaker implantation was recommended. She went for permanent pacemaker implantation in March 2024 and has been doing well post-treatment.

## CSR INITIATIVE BY



# SUCCESS STORY

## PH WARRIORS

Currently, there is no treatment for Pulmonary Hypertension, which is a rare but life-threatening disease that affects the lungs. There are medications available which helps to improve the patient's quality of life. Currently, CHF is financially assisting more than 50 patients throughout the country access the expensive medicines for free.



**Varun** is a 23-year-old boy from Jaipur, Rajasthan. His family has been facing financial challenges ever since he lost his mother to cancer and spent all the money on her treatment. After visiting a number of pediatricians, he was referred to CHF where he was diagnosed with the rare life-threatening disease of Pulmonary Hypertension which required continuous medication and regular check-ups. Varun was immediately registered under the PH Life Care program - a program for extending financial assistance to patients of Pulmonary Hypertension. Ever since, CHF has been delivering life-saving medicines at his doorsteps along with organizing regular screenings and checkups.



At a tender age of three-years-old, **Kritika** was in a critical situation due to Pulmonary Hypertension. Her family was referred to CHF where she was prescribed the vital medicine Pulmonex. Through the support of Concentrix under the PH Life Care Program, Kritika is on her path to healing. The timely supply of life-saving medicines has helped her overcome the symptoms - the blueness dissipated, her breathing normalized, and her heartbeat regained steady rhythm.

CSR INITIATIVE BY  
**concentrix**

# SUCCESS STORY

## HRIDYA SHAKSHAM

**This program offers specialized echocardiography training to paediatricians and neonatologists. The program now has sixteen doctors registered from roughly eight hospitals. The program focuses not just on Delhi's medical professionals and hospitals, but also on those outside of Delhi. The initiative includes two hospitals from Punjab and four doctors who have registered and are undergoing training.**



**Dr Akhilesh Verma, is working at Lal Bahadur Shastri Hospital and is registered with CHF under Echo training program called Hridya Saksham. He has completed the first two levels and is currently on the last stage of the training.**



**Dr. Arpita, is working at CNBC hospital Geeta Colony, Delhi. She is the first person who got registered under this program and is eagerly waiting to start with the last stage of this program.**

## CSR INITIATIVE BY



INDIAN  
RAILWAY  
FINANCE  
CORPORATION  
(A Government of India Enterprise)  
**Future on Track**

# CHF DIGITAL FOOTPRINTS

## Website Engagement

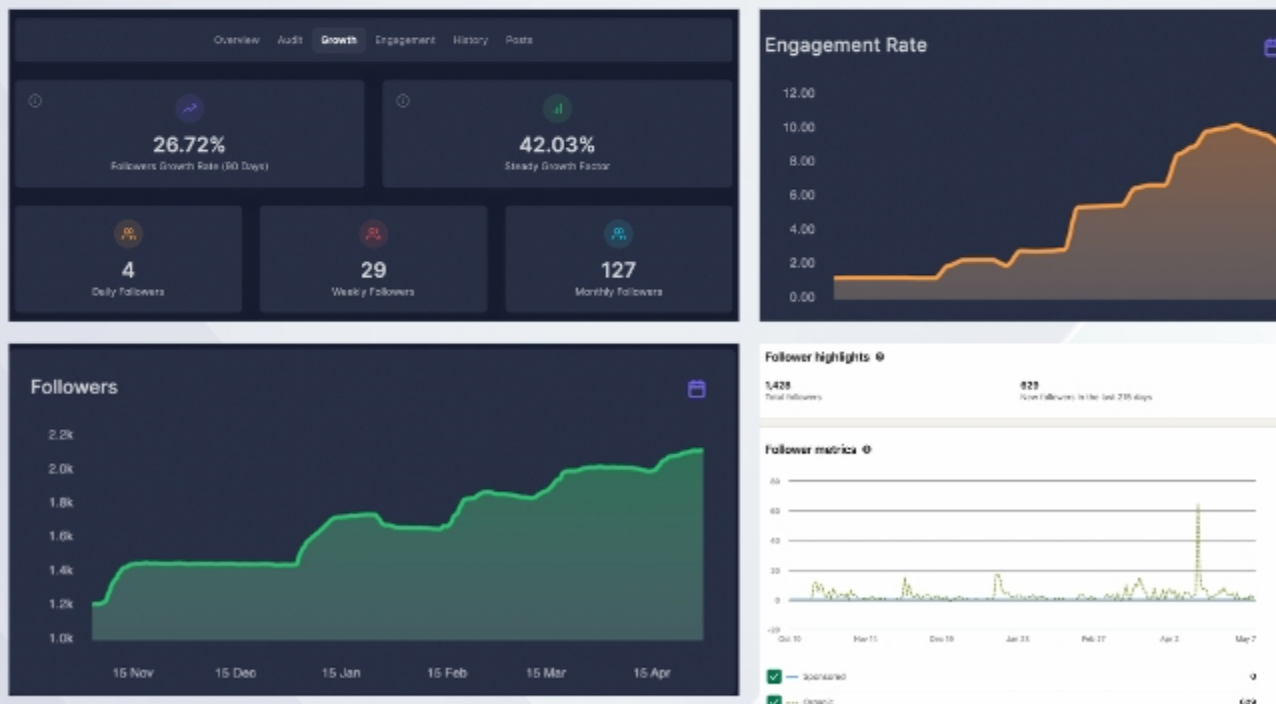
1. **500+** Visitors Per Day
2. **No. 1** Ranking in india
3. **2nd** Ranking in worldwide

The Child Heart Foundation is proud of its flourishing digital presence. Our website enjoys a strong online reputation, attracting over 500 visitors daily. This impressive traffic speaks volumes about the credibility and value we offer to our audience.

## Social Media

1. CHF Instagram channel gained **1250** followers last **7 months**
2. **7500+** visitors on Instagram every month
3. **200+** followers Gained on Facebook
4. **700+** followers Gained on LinkedIn

We're also actively building a strong social media presence. Our platforms are a vibrant hub for sharing informative content, inspiring stories of hope, and fostering a supportive community. We've seen significant growth in our social media following, and this momentum continues to build.



# CHF INTERNSHIP & VOLUNTEER

## SHIVANI RAI



Shivani is very passionate about improving the health of individuals and communities. She completed her bachelor's in Global Health and Master's in Anthropology of Food. After briefly working in the financial services industry, she wanted to fully commit to the field of social impact and work towards the betterment of society. She joined the Child Heart Foundation (CHF) as an intern to positively impact the lives of underprivileged children born with congenital heart defects.

## ZHIMOKA

Zhim joined CHF as a volunteer in July 2023 and soon transitioned as a full-time employee. Today he is a Project Coordinator and organizes medical camps in underprivileged areas to screen children for any CHD symptoms and actively collaborates with other NGOs to coordinate efforts. He also oversees Program Hridya Saksham - one of the CHF's flagship programs.



## INTERN TESTIMONIAL

"During my time at the Child Heart Foundation, I had the privilege of working as a public health intern. I contributed to a project of utmost significance - 'Enhancing Access to Pediatric Cardiac Care: A Public Health Approach to Healthcare Management'. A significant part of my role involved field visits to hospitals like Safdarjung Hospital and Kalpana Chawla Hospital. I gained first-hand insights into the challenges and realities of pediatric cardiac care, which was both eye-opening and humbling. The internship is a testament to the profound impact that public health initiatives can have on the lives of underprivileged children and their families. I am grateful to have been a part of this remarkable journey and for a chance to make a positive contribution to pediatric cardiac care."



Umanshi - MBA Healthcare  
Management  
Batch 2022-2024

# WHAT OUR CSR PARTNERS HAVE TO SHARE

## concentrix™

Concentrix celebrates its partnership with the Child Heart Foundation, an organization dedicated to tirelessly assisting children from underprivileged families born with heart defects. The joy of witnessing a child overcome heart disease and thrive cannot be articulated. We extend our gratitude to the dedicated doctors and staff at the Child Heart Foundation for their unwavering commitment to treating children with Congenital Heart Defects. Our collaboration with them is invaluable, and we look forward to nurturing it for years to come.

## ROTARY CLUB OF DELHI SOUTH

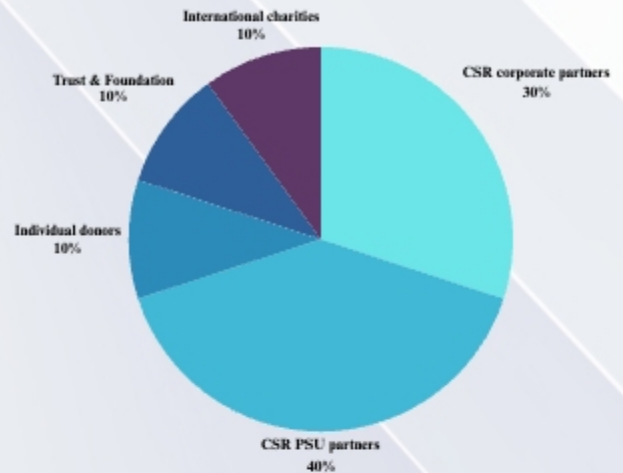
For the last two years, the Rotary Club of Delhi South has collaborated with the Child Heart Foundation, jointly managing cases that require societal support. We're thrilled to announce our partnership with M/s Sennheiser, whose CSR initiative will fund the treatment of four children from disadvantaged backgrounds with congenital heart defects. Our commitment to serving children with heart disease remains steadfast, and we eagerly anticipate granting these young lives the precious gift of life.



**"Beyond profit, CSR partnerships are about shared values. Businesses and NGOs come together, leveraging their unique strengths to create a better future for our communities and the world"**

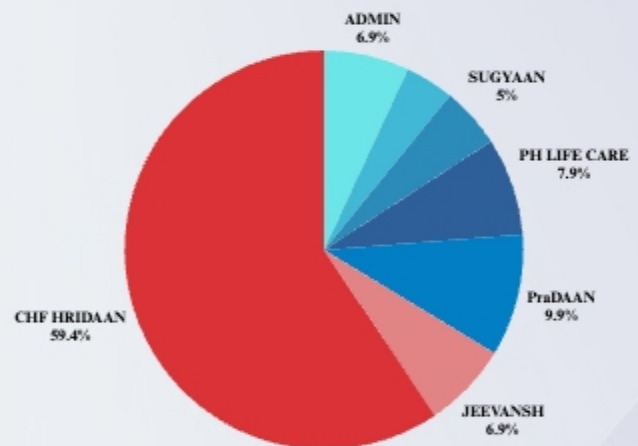
# CHF FINANCIAL

In 2024, our funding came primarily from partnerships with both private and public sector corporations, with **40%** contributed by PSU CSR partners and **30%** by CSR corporate partners. Individual donors, grants from Trusts and Foundations, and international charities played a vital role as well, generously contributing **10%** each.



## UTILIZATION OF FUNDS - PROGRAM WISE

Project Hridaan, our core initiative focused on financial assistance for treatment, received 60% of the funding. The remaining 40% supported other CHF programs: Project Pradaan (10%), Project Jeevansh (7%), PH Life Care (8%), Project Sugyaan (5%) and Medical Camps (4%). Through these programs, we ensure a comprehensive approach to tackling congenital heart disease.



## OUR FUTURE PLANS

### EXPAND OUR FOOTPRINTS ACROSS STATES BY

- **Establishing OPD centers in District hospitals in different 2-3 states of india**
- **Training Frontline workers in early identification of the patients**
- **Community awareness for early screening and treatment**
- **Advocacy with Government policy makers for free PH medicines**

# THANK YOU PARTNERS

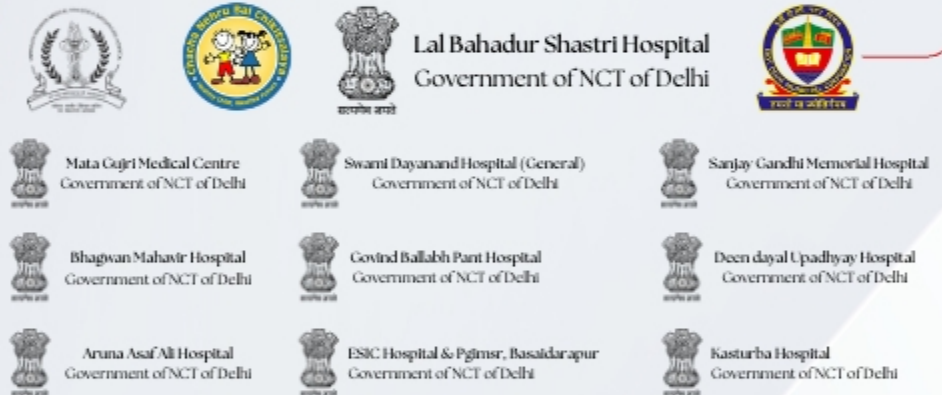
## CSR Partners



## State Govt. Partners



## Govt. Hospitals Partners



## NGO Partners



At the Child Heart Foundation, we wouldn't be mending tiny hearts and saving little lives without the incredible support of our partners. This annual report is a testament to the collective impact we've made together in 2024. We extend our deepest gratitude to each and every one of you. Your unwavering commitment fuels our mission: ensuring every child has access to the life-saving heart care they deserve.

# YOU CAN GET INVOLVED

**SPONSOR A SCREENING / TREATMENT / MEDICINES FOR A CHILD**

**REFER US TO A CSR PARTNER**

**VOLUNTEER / INTERN WITH US**

**START A FUNDRAISER**

**START AN AWARENESS CAMPAIGN**

## TOGETHER, WE'RE REWRITING THE STORIES OF CHILDREN'S HEART HEALTH, ONE BEAT AT A TIME

### Bank details:

**ACCOUNT NAME:** CHILD HEART FOUNDATION

**ACCOUNT NUMBER:** 04822560000811

**BRANCH:** ANAND LOK, NEW DELHI



**@childheartfoundation\_india**

**The Child Heart Foundation (CHF) was formed as a trust under the Trust Act 1882 in Delhi in 2013.**

**DONATE NOW**



**Phone**

**+91-9667608855, 7428468887**



**Website**

**[www.childheartfoundation.org](http://www.childheartfoundation.org)**



**Email**

**[info@childheartfoundation.org](mailto:info@childheartfoundation.org)**



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