

# NEWSLETTER

FY 2024 -25 || Dec / Jan



## IMPACT (DEC/JAN | 2024-25)

**18+**  
Medical Camp

**60+**  
Beneficiaries

**42+**  
Treatment

**15+**  
Asha, ANM & Anganwadi  
Awareness Session

**Your Support is equivalent to saving millions of young hearts while inducing a new ray of hope**

Dear Supporters,

On behalf of the entire team at the Child Heart Foundation, I want to extend our heartfelt thanks for your continued support. Your unwavering generosity has been crucial in helping us protect and nurture over 200 young lives during 2024-25. It is only with your dedication that we have been able to bring hope and change to the children who need it most.

Your involvement is essential in our mission to ensure that no child is left behind due to congenital heart disease or lack of access to care. Through your support, we have been able to make significant strides in providing medical aid, raising awareness, and offering emotional support to families. In this newsletter, we are excited to share with you updates on the progress we've made over the past two months—December 2024 and January 2025. We are thrilled to highlight new initiatives, key impacts, and the positive changes we have seen thanks to your contributions.

As you read through these updates, we hope you will experience the "joy of giving" and take pride in knowing that your support is helping to shape brighter futures for so many children. We are deeply grateful for your continued patronage and look forward to your involvement as we continue our work in the months ahead.

Thank you once again for being an essential part of our mission.

Child Heart Foundation

# CHILD HEART FOUNDATION

 Making Hearts Smile



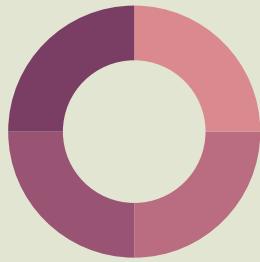
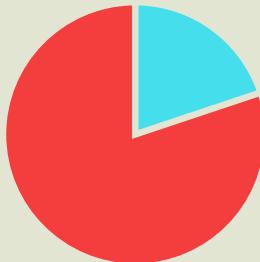
**DID YOU KNOW?**



The fact that 1,80,000 to 2,00,000 children are born each year in India with a type of congenital heart disease and 30% of these children require treatment in first year of their life, poor and young parents who have just started jobs and family find it impossible to organize treatment expenses which can run into lakhs. They end up losing their children as the waiting period at Government hospitals is too long.

## CHF Research & Insight

Congenital heart disease (CHD) is one of the most prevalent birth defects worldwide, impacting approximately 1 in every 100 live births. It encompasses a wide range of conditions, from mild defects to more complex conditions that demand surgical correction or lifelong medical management. The most common CHD in children includes Atrial Septal Defect (ASD), Ventricular Septal Defect (VSD), Tetralogy of Fallot, and Coarctation of the Aorta. The root cause behind these conditions is largely unknown, but factors like Down Syndrome, family history of heart disease, diabetes, obesity, viral infections during pregnancy etc. can affect fetal development. If detected early, it can have a positive outcome for children born with CHD.



CHD also poses significant threat to pregnant women having heart disease. It can escalate the risk of heart failure, high BP, arrhythmias and preterm birth putting both the mother and the baby at risk. As a result, proper preconception counselling is required. Collaborations to be made with the cardiologists to provide best care plans on specific heart conditions so as to ensure optimal management on overall maternal health.

In Conclusion, On December 27th, our team held a medical camp in Meerut, focused on the early detection of Congenital Heart Disease (CHD). **Over 200 children were screened, leading to the identification of two with potential CHD. These children have been referred to the CHF Delhi Centre for further evaluation.** This initiative is part of our ongoing efforts to provide healthcare access in underserved areas, ensuring timely intervention for at-risk children. Through such camps, we are committed to leaving no child with CHD undiagnosed or untreated, improving health outcomes for vulnerable communities.

On December 28th, our team organized a medical camp in the underserved region of Khurishipur, Faridabad, Haryana, with a focus on the early detection of Congenital Heart Disease (CHD). During the camp, **over 250 children were screened, leading to the identification of five children who showed signs of potential CHD.** These children have been promptly referred to the CHF Delhi Centre for further diagnosis and evaluation. **Our ongoing medical camp initiatives in underprivileged areas are proving crucial in identifying at-risk children and ensuring they receive timely medical care.** Through these efforts, we are not only raising awareness but also making sure that no child with CHD is left undiagnosed or untreated.



On Jan 20th, our team successfully conducted a CHD awareness session at JJ Camp Tigris South Delhi Sangam Vihar, New Delhi, targeting frontline health workers. **We trained 29 ASHA workers and ANMs, equipping them with essential knowledge about CHD.** By empowering them to become vital advocates for early detection and intervention within their communities, these dedicated healthcare professionals serve as a bridge between underserved populations and vital healthcare services.

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## Community Empowerment

### Community Awareness

On Jan 21st, our team engaged with Medical Officers (MOs) from six PHCs during a Block Level Review Meeting at CHC, Gurugram. We presented a comprehensive overview of the critical need for CHD awareness programs targeting frontline healthcare workers. Building on this momentum, the CHF team aims at conducting awareness sessions in these PHCs over the coming months, empowering more ASHAs and ANMs to identify and address CHD cases within their communities.

## 20.01.2025: J. J. Camp, Tigri

### Awareness Program

On July 1st, our team successfully conducted a CHD awareness session at JJ Camp Tigri, South Delhi, targeting frontline health workers. **We trained 36 ASHA workers and ANMs**, equipping them with essential knowledge about CHD. By empowering them to become vital advocates for early detection and intervention within their communities, these dedicated healthcare professionals serve as a bridge between underserved populations and vital healthcare services.



# COLLABORATIVE ACHIEVEMENT



We are excited to announce that the **Child Heart Foundation (CHF) has partnered with NTPC Limited to support in the CHF Hridaan Program**. This collaboration aims to save young lives by providing financial assistance for the treatment of children born with congenital heart diseases. Through this program, we will work together to reduce the prevalence and mortality rates of pediatric heart conditions in surrounding villages. Additionally, our efforts will focus on raising awareness about heart diseases and empowering families to take proactive measures to safeguard their children's health. Together, we can make a meaningful difference and give these children a chance at a healthier life.



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# Success Story



Pt. Arhan malik



Pt. Chirag



Pt. Umar khan



Pt. Pragya



Pt. Dhrishika



Pt. Anamika



Pt. Bhavesh



Pt. Shivanshi



Pt. Ridhiksha



Pt. Sidhiksha



Pt. Sudhiksha



Pt. Arohi



Pt. Anamika



Pt. Anamika



Pt. Arfan raza



Pt. Aravjit kumar



Pt. Rohit Sharan



Pt. Mariyam



Pt. Prashant



Pt. Rudra Yadav



Pt. Hasan



Pt. Mohd Hasan



Pt. Adiba fatima



Pt. Anjali



Pt. Keshvi



Pt. Bhimansh



Pt. Umar Khan



Pt. Anamika



Pt. Anik



Pt. Dipti



Pt. Shidra



Pt. Prashant



Pt. Sidra



Pt. Abhiraj



Pt. Prashant



Pt. Abhiraj



Pt. Ayush das



Pt. Alsifa



Pt. Mohd Awaan



Pt. B/o Pooja



Pt. Ahad



Pt. Sanvi



## CHILD HEART FOUNDATION AND CONCENTRIX PARTNER TO HOLD MEDICAL CAMP IN GURUGRAM

On January 28, 2025, the Child Heart Foundation (CHF) in collaboration with Concentrix organized a medical camp in Gurugram, offering vital heart screenings for children aged 0-18 years. **The camp successfully screened 314 children, with 9 cases identified as potential suspects for congenital heart defects (CHD). These children have been referred to the CHF Delhi Centre for further evaluation and care.**

This initiative forms part of CHF and Concentrix's ongoing commitment to ensuring healthcare access for underserved communities, particularly those at risk for undiagnosed or untreated congenital heart conditions. The screening camp is designed to provide early detection and timely interventions, aiming to improve health outcomes for vulnerable children. Both organizations are dedicated to leaving no child with CHD undiagnosed or untreated. This medical camp is just one of the many steps in their mission to reach children in need and contribute to the overall well-being of underserved populations. Through continued efforts like these, CHF and Concentrix are making significant strides in combating congenital heart defects and ensuring that every child receives the care they deserve.



**#1 IN 100**

### Our OPD Service

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